

NEED HELP? Whitefield Cares! Resources to Support Community Members**LOOK HERE!**Visit our website: <http://www.whitefieldcares.org>email us: info@whitefieldcares.org

Revision Date: February 11, 2020

| Need | Provider | Where | When | Contact Info |
|--|--|---|--|------------------------------|
| Food | | | | |
| Perishables and canned goods | Whitefield Food Pantry | St. Denis Parish Hall downstairs | 1st Friday 10-3; 3rd Saturday 10-12 | Jeanne Shaw/Janet Ober |
| Perishable goods only | Knights of Columbus, Augusta | St. Denis Parish Hall upstairs | Weekly, Fridays 10 AM | Robert Lamothe |
| School lunches & breakfast; <i>must apply</i> | Whitefield Elementary School | 164 Grand Army Rd Whitefield | children during school year | Mark DeBlois 549-7691 |
| Summer lunches & breakfasts; <i>must apply</i> | Whitefield Elementary School | 165 Grand Army Rd Whitefield | children & families; summer | Mark DeBlois 549-7691 |
| Inexpensive food | Bell's Liquidation | 1196 Eastern Ave. Chelsea | Mon-Sat 10 or 12 to 5 | 582-8220 |
| Perishables | Good Shepherd food truck | Sheepscot Valley Health Center 47 Main St, Coopers Mills | Monthly | 549-7581 |
| Everyday Essentials | | | | |
| Hygiene products, toothpaste, detergent etc. | Bridging the Gap | 209 Eastern Avenue, Augusta | Tues and Thurs 10-12; 1st and 3rd Saturdays 10-2 | 530-0184 |
| Hygiene products occasionally available | Whitefield Food Pantry | St. Denis Parish Hall downstairs | 1st Friday 10-3; 3rd Saturday 10-12 | Jeanne Shaw & Janet Ober |
| Clothing | | | | |
| | Town of Whitefield | Whitefield Recycling Center | Saturday 8-12 | Darlene Beaulieu 549-5175 |
| For children and families | Whitefield Elementary School | 164 Grand Army Rd Whitefield | During school hours | Mark DeBlois 549-7691 |
| | Calvary Bible Baptist Church | 150 Grand Army Rd Whitefield | | Josh Bailey 549-7555 |
| | Addie's Attic | 209 Eastern Ave Augusta | Tues and Thurs 10-2; 1st & 3rd Saturdays 10-2 | 530-0184 |
| Age-friendly Whitefield | | | | |
| Helping older & disabled people age in place | Spectrum Generations | One Weston Court Augusta | | Stephanie Hanner 620-1631 |
| Social programs for elderly | Young at Heart | | | Annie Williams 845-2718 |
| General Assistance | | | | |
| Heating fuel, expenses; <i>must apply</i> | Town of Whitefield | Whitefield Town Office | During Town Office Hours | Darlene Beaulieu 549-5175 |

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|--|---|---|--|-----------------------------------|
| Town Assistance | | | | |
| 100 gal oil, cord of wood, propane; emergency funds | Town of Whitefield | Whitefield Town Office | During Town Office Hours | Darlene Beaulieu 549-5175 |
| Eyeglass Exchange | Whitefield Lion's Club | | | |
| Family support | | | | |
| Inclusive education, pediatric therapies, and specialized autism and behavioral programs for children 0 to 5 with special needs and support services for their families. | Children's Center | 1 Alden Ave Augusta | | Katelyn Pushard 626-3497 |
| Child abuse prevention, parenting programs & resource center | Healthy Kids | 15 Belvedere Rd Damariscotta | | Leslie Livingston 563-1818 |
| Head Start, family support, emergency support | Midcoast Community Action | 34 Wing Farm Pkwy Bath | | Jessica Tyson 442-7963 ext 215 |
| Transportation | | | | |
| Free MaineCare rides in the area; otherwise \$1.50/mile, 2 days notice | Waldo Community Action Partners (CAP) | 9 Field Street, P.O. Box 130 Belfast, Maine 04915 | Mon- Fri 8-4 | Michael Hallundback 930-7901 |
| Free, donation by drivers | Lincoln Cty Friends in Service Helping (FISH) | | | Edie Vaughn 207-350-9808 |
| Prescription Support; must apply | http://www.sheepscotchc.org/Sheepscot/default.aspx | 47 Main St, Coopers Mills | | 549-7581 |
| Pet Support | | | | |
| Pet Food | Amy Buxton Pet Pantry | South Parish Congregational Church, 9 Church St Augusta | 08/12/20 | 622-0552 |
| Veterinary health care | Action for Animals Maine | P.O. Box 138 Boothbay Harbor | | 350-1312 |
| Behavioral Health | | | | |
| Mental health support | https://kbhmaine.org/ | 67 Eustis Pkwy Waterville | | Elizabeth Keane 873-2136 x1005 |
| Domestic Violence support | New Hope for Women | PO Box A Rockland 04841 | 24/7 Confidential hot line 800-522-3304 | Mary Hanley 443-8898 |
| Alcoholics Anonymous | | | | |
| | St. Denis Parish Hall | St. Denis Catholic Church | Saturday 10 AM | |
| | Sheepscot Valley Health Center | 47 Main Street, Coopers Mills | Sunday 7 PM | |
| AIDS service; LGBTQ Support | Health Equity Alliance | 304 Hancock St. Bangor ME | | Andrea Littlefield 990-3620 |